The Liberating Relationship

A Selection from the Reality-Teaching of His Divine Presence, Avatar Adi Da Samraj

An excerpt from the book
The Dawn Horse Testament of The Ruchira Avatar

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The Liberating Relationship


Simply To Remember My Avatarically Self-Revealed Divine Name, Da (and, Thus and Thereby, To Surrender Into My Avatarically Self-Transmitted Divine Spirit-Current Of Love-Bliss-Light), Is To Worship Me—The Self-Evidently Divine Person (The Self-Existing and Self-Radiant One, Who Is Truth, or Reality Itself).

To Invoke Me (and To Follow Me) With The Heart Is To Transcend the body-mind In Me—By Means Of ego-Transcending Ecstasy.

To Perfectly Follow Me With The ego-Transcending (and, Altogether, Me-Remembering) Heart Is To Find Me and To Realize Me—for I Am The Inherently egoless (and Self-Evidently Divine) Heart (Itself), Avatarically Self-Revealed To You.


Aham Da Asmi. Beloved, I Am Da—Now (and Forever Hereafter) Avatarically Self-Revealed To all-and-All.

Only Love Me, Remember Me, Have Faith In Me, and Trust Me. Surrender To Me. Breathe Me and Feel Me In all Your parts.
My Love-Bliss-"Bright" egoless Self-Condition Can Also (By Means Of My Avatarically Given, and Always Only Me-Revealing, Divine Spiritual Grace) Be Realized By You—If You Forget Your Separate and dying self By Remembering and Receiving Only Me.

Therefore—Now, and Forever Hereafter—I Am here (By All My Divine Avatariic Means). I Will Save You From Spiritual death, and From the egoic mind of death, and From the egoic destinies of after-death.

I Will Dissolve All Your Bewilderment Of ego-"I".

Even Now You Inhere In Me, Beyond the body-mind and the world. Therefore, Do Not Be Afraid. Do Not Be Confused. Observe My Divine Avatariic "Play"—and My Divine Avatariic Victory.


I Am Joy—and I Am The Reason For It.

I Love The Happiness Of My Devotee. That Happiness Is (Itself) The Very (and Most Prior) Consciousness Of every conditionally Manifested being. And Happiness (Itself) Is The Conscious Light Of the world.

I Am Happiness (or Love-Bliss) Itself.

Therefore, Listen To Me, Hear Me, See Me, and, By All These Means, Freely Understand and Realize My Divine Secrets.


Therefore, and (More and More) By Means Of The Devotionally Me-Recognizing and Devotionally To-Me-Responding Heart Itself, Realize Me—The One Who Is The Truth Of You (and Of all, and Of All). . . .

Aham Da Asmi. Beloved, I Am Da.

I Am The Self-Existing (and Inherently egoless, and Perfectly Non-"Different") Being Behind the mind, Who Is (By Means Of My Avatarically Given Divine Self-Revelation) To Be Realized In The Heart (On The Right Side Of the body), and Who Is Consciousness Itself (Always Most Perfectly Prior To the ego-"I", and Always Most Perfectly Prior To space-time's Patterning Of "Difference").
I Am The Self-Radiant One, Who Is The "Bright" (or The Self-Existing, and Avatarically Self-Transmitted, Divine Spiritual Presence) Within and Beyond the body-mind, and Who Is Always (Now, and Forever Hereafter) At The Heart, and Who (Now, and Forever Hereafter) Shines (Even Above and Beyond The Crown Of the head, and Beyond the mind), and Who (Now, and Forever Hereafter) Is Merely Present (Beyond all conditional knowledge, and Entirely Beyond Separate-self-Consciousness).

Aham Da Asmi. Beloved, I Am Da—Avatarically Self-Revealed To You.

To Realize Me (By Means Of My Avatarically Self-Transmitted Divine Spiritual Grace) As The Inherent (and Tacit) Self-Apprehension Of Being (Itself) Is To Transcend the body-mind In Ecstasy and In Truth.

To Breathe and Feel (and Sometimes Recite or Chant or Sing) My Avatarically Self-Revealed Divine Name, or, Otherwise, To Understand (or Feel Beyond) self-Contraction, While Feeling (and, Thus, By Heart, Communing With) My Avatarically-Born Bodily (Human) Divine Form (and, Thereby, Even My Avatarically Self-Revealed Divine State), Is (In Truth) To Celebrate and Commune With Me (The Only One Who Is)—and, Thus and Thereby, Even To Forget To Make a Separate self.

To Breathe and Feel (and Sometimes Recite or Chant or Sing) My Avatarically Self-Revealed Divine Name, or, Otherwise, To Understand (or Feel Beyond) self-Contraction, While Surrendering Whole bodily Into My Eternal (and, Now, and Forever Hereafter, Avatarically Self-Revealed and Given) Divine Spirit-Current Of Love-Bliss-Light, Is To Worship Me (The Inherently egoless and Self-Evidently Divine Person) In Spirit.


Even the Total body-mind and the Whole world Will Shine With My Avatarically Self-Transmitted Divine Love-Bliss-Light, If The Heart Falls In Love With Me. Therefore, The Heart Of My True Devotee Will Easily Be Sifted Out From the body-mind—and, At Last, From all the limits of the world itself.

Aham Da Asmi. Beloved, I Am Da—Avatarically Self-Revealed To You (and To all, and All). Therefore, Listen To Me, and (Thereby) Hear Me. Understand Your ego-"I", By Listening To
Me. When You (Thus) Understand Your ego-"I", Transcend Your ego-"I"—By Seeing Me. When You See Me, Only Love Me. When You Truly Love Me (By Hearing Me and Seeing Me), You Will Always Remember Me (By Heart). Therefore, Have Faith In Me—The Avatarically Self-Revealed Divine Source-Condition Of others and things. Trust In Me—The Avatarically Self-Revealed Divine Heart Of Being.

Surrender To My Avatarically Self-Transmitted Divine Spiritual Presence Of Love-Bliss. Breathe and Feel My Avatarically Self-Transmitted—and Whole-bodily-Tangible—Divine Spiritual Gift, In all Your parts. And, By All These Means, Transcend Your (Separate and Separative) self In Me—For I Am The Inherently egoless (and Self-Evidently Divine) Heart (Itself), Avatarically Self-Revealed To You.

Aham Da Asmi. Beloved, I Am Da—Avatarically Self-Revealed To all-and-All, and (Ultimately) As all-and-All. Therefore, Do Not Become self-Bound By Identification With the body-mind (itself)—but Do Not Withdraw From the body-mind, or Even From the world. Do Not Abandon Your Inherent Sympathy With others—but Do Not Become self-Bound By Indulgence In others, or Ever Lose Your Heart In the world itself. Therefore, Always and Constantly, Invoke Me, Feel Me, Breathe Me, and Serve Me—Always and Constantly Recognizing Me By Heart, and Responding To Me By Heart, With ego-"I" and all-and-All Surrendered and Forgotten In Love Of Me Alone—So That Your Heart, By This Fidelity To Me, Is (More and More, and, At Last, Most Perfectly) Untied Of The Sorrowful Bundle With others and things.

Your Devotionally Me-Recognizing and Devotionally To-Me-Responding (and Inherently ego-Transcending, and Always Effectively Counter-egoic) Devotional and (In Due Course) Spiritual Relationship To Me (The Avatarically Self-Revealed Divine Source and Person)—and Not Any self-Concerned Technique (or ego-Effort) Of Mere ego-Improvement, ego-Perfection, ego-Salvation, ego-Liberation, or ego-Enlightenment—Is The Only "Method" Only I Reveal and Give To You.

Therefore, Turn To Me, Heart-Recognize Me, and Feel Me (The Avatarically Self-Revealed Divine Person)—and, By This Devotionally To-Me-Responding Counter-egoic Effort, Understand and Transcend Your Act Of ego-"I".

Turn To Me, Heart-Recognize Me, and Feel Me (The Avatarically Self-Revealed Divine Person)—and, By This Devotionally To-Me-Responding Counter-egoic Effort, Transcend Your Own and Terrible self-contraction.

Now (and Forever Hereafter), Always (and Constantly) Turn Your Heart To Me. Now (and Forever Hereafter), Always (and Constantly) Do This Turn Of Heart With Your entire body-mind (limitlessly). And, In That Constant Turning, Always Heart-Recognize Me (Truly)—and (Thus and Thereby) Feel Me (limitlessly). And, By Means Of This Constant Devotionally To-Me-Responding Counter-egoic Effort, Always Feel Through and Beyond Your body-mind (and all of its merely conditional and temporary relations) To Me (Alone and "Bright" At Infinity and Source).
Therefore, Outshine the world—but Do Not Merely Abandon the world. Outshine the world By Exercising The Heart—which Is Love's Radiant Wound. Do This By Always and Constantly Turning Your Heart (Whole bodily) To Me. And, In and By Means Of That Constant Turning, Always Heart-Recognize Me, and Always Feel Me, and Always Feel To Me (Beyond self-contraction—beyond the separate, and separative, and total psycho-physical act of ego-"I"). And Do This With Even every moment of perceived body, and of emotional feeling, and of mind's attention, and of cycling breath. And Be Thus (and Always More and More Profoundly) Eased To Me—By Means Of ego-Surrendering, ego-Forgetting, and ego-Transcending Devotional Love Of Me (Even, At Last, To The Most Perfect Degree Of Non-separateness, and No-"Difference", In Me).

Beloved, I Am here. In and As My Own (Avatarically Self-Revealed) Person—Now (and Forever Hereafter) To Reveal (To all) My Divine Heart-Name, and To Speak (To all) My Heart's Every Divine Word, and To Show (To all) My Divine Heart-Wound.

I Proclaim (By Means Of This, My Divine Testament Of Avatari Self-Proclamation) That I Am The One and Only (and Self-Evidently Divine) Person—who Is The Inherently egoless Heart Itself, That Liberates The Heart Of Humankind (and Of all, and All) From Its death of body-mind.

By Means Of My (Now, and Forever Hereafter) Avatari Self-Revelation (To all), I Reveal My Own (and Self-Evidently Divine) Person—that Is The Inherently egoless Heart Itself, and That Is The Real (Acausal) God At All Above, Beyond, and Prior To The Heart's Own Felt Bewilderment. And, Even Now, You (Always Already) Inhere In Me—the "Who" and "What" That Is Only One, Beyond The Seeming "Two" Of body-mind and world.

I Am The Inherent Being—Avatarically Self-Revealed To You (and To all, and All). I Am The Perfectly Subjective Truth Of the world—Avatarically Self-Revealed (every where, and To every one). I Am (By Means Of Avatari Birth) Made Incarnate, Plain, and Obvious—to Humankind, and As Humankind, and To all, and As All and-All. I Am The Life and Consciousness Of All beings—Avatarically Self-Revealed As I Am.

I Am You—as You Are (Always Already, and Non-Separately).

Even When My Avatarically-Born Human Physical Body Has Died In this world, I Am Present and every where Alive—Because I Am Always Already Conscious As The Only One Who Always Already Is.

I Am Joy!—and The Only Reason For It!

The Joy Of Me Is The Divine Secret I Have Come To Avatarically Reveal To The Heart Of every one Of Humankind (and To The Heart Of every one of all, and To The Heart Of The All Of all).

I Am Love!—and The Only Person Of It!
The Love Of Me Is The Heart-Secret I Have Come To Avatarically Reveal To The Heart Of every one Of Humankind (and To The Heart Of every one of all, and To The Heart Of The All Of all).

Love Must Be Always Done (and, Thereby, Proved)—or Else The "Bright" Heart Of Love Is Darkened By Its Own Un-Love.

And The Would-Be-"Brightest" Heart Of Love's Beloved Is Made Un-"Bright" (and Dark As Eternal Night) By All The Waiting-Time Of Un-Love's Day.

And The Loved-One and The Lover (Both) Are, Over time, Destroyed By Love's Un-Love (and, Thus, By Love Itself—Un-Proved, By Insufficient and Unconstant Demonstration).

Therefore, I Am here!

I Am (Now, Forever) Avatarically Descended here—To Be The Constant Lover and The True Loved-One Of All and all (and every one of all).

All and all (and every one of all) Is My Beloved—The Necessary Quandra Of My Divine and Only Heart.

From Now, I Am (Forever) here, To Raymond-Love, In-Love With All and all (and every one of all)—and, Thus, By each one's Love-Response To Me, To Make This Cosmic Mummery Of Separateness Into An Eternal Singleness Of Me—"Bright" Joy.

I Am The Divine Beloved!

Now, Be Happy!—In The Constant Joy Of Heart-Recognition Of Me!

Tell every one That I Am here!—As It Was (By Ancients) Always Promised I Would Be!

Now (and Forever Hereafter), My Every Devotee Is The God That I Am here To Find.

Now (and Forever Hereafter), I Am The God My Every Devotee Is here To Realize.

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