



The Avataric Great Sage, Adi Da Samraj

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Adi Da Samraj has created virtually the entire basis for a culture founded in love and wisdom. The magnitude of such an undertaking—let alone the accomplishment of it—cannot be overstated.

John White
Author, *Kundalini, Evolution, and Enlightenment*



Reprinted from “The Ancient Walk-About Way” By the Avataric Great Sage, Adi Da Samraj

In recent months, Adi Da Samraj has often referred to Adidam as the “Walk-About” culture of constantly Sighting Him and Listening to His Word. Here we offer you an excerpt from Adi Da Samraj’s essay “The Ancient Walk-About Way”, from His new book of the same title.

Part 2

In Its essence, the Way that I have Revealed and Given is simply turning to Me and serving Me. However, the ego is incapable of doing such right practice of the only-by-Me Revealed and Given Way of Adidam. Rather, the ego merely thinks about doing the practice. “Thinking about doing it” is an activity unique to human primates—animals who have a highly developed language-facility, and (thereby) a capability to make mind and to be formed by mind.

Mind is “artificial intelligence”. Mind is the first “robot” that human beings ever made. In the usual discussions of such matters, artificial intelligence is presumed to be something generated by computers. In actuality, however, language is the first form of artificial intelligence created by human beings.

There is no mind. Mind is a myth. There is language—which is programmed by brains, and which, in turn, programs brains. However, there is no tangible existence to “mind” itself—absolutely none. Nevertheless, human beings identify with the “mind” as “self”, and (thereby) invent destiny for themselves, and even project that self-imagined destiny into an idea of time and space beyond the present physical lifetime.

Mind is an interior projection of a language-program that, in its imaginative elaboration of itself, conceives of purposes and ideas (in the realm of illusion) for which there are no corresponding physical data. Human beings are all living in a “virtual world” of mind. Human beings are, characteristically, self-identified with a “robot”, an artificial intelligence.

Real Intelligence is tacit (or intrinsically wordless) living existence. Where there is such tacit living existence, a Realizer (of Reality) can be recognized, and you are immediately able to devote yourself to a Realizer as Master—because such a relationship does not, fundamentally, require any words.

If you are sensitive to the actual nature of your experience, you discover that conditionally manifested existence is disturbed and limited and unsatisfactory. Therefore, you actively look (even if only inwardly, in a feeling sense) for Something Greater. When you find a True Realizer, you simply see the Realizer in front of you, and you tacitly feel the State of the Realizer. That tacit recognition is not about words. It is not about the Realizer’s state of mind. It is not about the Realizer as an extension of the language-game. It is simply a tacit recognition of the Realizer As the Self-Realization (and the Self-Revelation) of Reality Itself.

When you find such a one—of whatever degree or mode of Realization—you tacitly recognize him or her as Master. That recognition converts you, on the spot, to the most ancient (and even pre-historical) Way. In other words, as soon as that recognition occurs, the Way of devotion to the Realizer begins. That Way of devotion is a spontaneous happening, which is beyond the patterning that binds you to the world-mummery and the pursuit of egoic self-fulfillment.

(continued on next page)

You are insisting on the destiny that is now ruling the world.

You will be eaten alive in it.

You will be fodder in that dark pit.

If you do not want that, then you have to come into My Lighted Room.

That is just all there is to it. It is up to you.

You can choose the darkness by choosing your independence.

Or you can choose the Light by turning to Me.

That's it.

The Avataric
Great Sage Adi Da Samraj

April 2006

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The Way of devotion to the Realizer is a simple matter: There is an inner discipline of life, and there is an outer discipline of life. The inner discipline is to turn to the Spiritual Master, moment to moment—forgetting all else, going beyond your program, being purified of patterning by not using it. The outer discipline is to attend to the Spiritual Master and serve the Spiritual Master. Of course, if verbal instruction is given, you adapt your life of practice to that instruction. Nevertheless, the relationship to the Spiritual Master is, fundamentally, about these inner and outer disciplines—which are not in the realm of mind, not in the realm of the “artificial intelligence” of egoity. Right practice is entirely straightforward.

That Which Is to Be Realized is not in the realm of mind. Therefore, Realization is not about eternalizing mind. Realization is not about the life of the mind after death. Rather, Realization is about Reality Itself—Prior to mind, Prior to patterning, Prior to the world-mummery. Reality Itself—Which Is Divine—Is All The God There Is. In and of and As Itself, Reality (Itself) Is Self-Existing and Self-Radiant. That is What there is to Realize.

I Am That. Those who truly heart-recognize Me will Find Me and simply turn to Me and serve Me. Yes, I Give Instructions—and My true devotees simply practice them. That is that. For My true devotee, it must be as simple as that. My true devotee is moved beyond mind. My true devotee simply—on sight—”Knows” Me, and is (therefore) moved to serve Me and to practice the fundamental practice that is beyond all words, which is simply the inner and outer practice of turning to Me. That is the Way.

Such right relationship to the Realizer is the universal Teaching. It is the ancient (and pre-historical) Walk-About Teaching—and it is the fundamental Teaching I have Given. My fundamental Teaching is Ruchira Avatara Bhakti Yoga, the devotional turning (and the inner and outer disciplining) of all four primary psycho-physical faculties—and, thus, the whole bodily self-forgetting (and, as such, ego-transcending) turning of body, emotion, mind, and breath to Me.

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Enjoy a Fall Retreat at Blue Mountain Farm October 19-21

To establish the spiritual way of life, you must step aside, step out, go on retreat, in effect organize your life on the basis of Truth, right principle, the Great Process.

—Adi Da Samraj

Retreats provide an opportunity to disengage our attention from the ordinary stresses and demands of daily life and to concentrate in and deepen our relationship to the Divine. Retreat is penetrating and transforming. If you are moved to experience more fully the Spiritual Way of life Adi Da offers, we recommend a weekend retreat as the perfect way to immerse yourself in exploration of the “Walk-About” culture of Adidam. The upcoming retreat at Blue Mountain Farm welcomes those new to Adidam as well as those already under vow as Adi Da Samraj’s devotees.

The retreat program includes:

- Video Sightings of Adi Da Samraj
- Viewing and news about Adi Da’s remarkable Image Art
- Informative presentations on Adi Da’s Life (focused on the new biography, *The Avatar of What Is*) and His Teaching Argument about egoity and seeking
- Stories about life with the Divine Master
- Recitation of recent literature
- Time for conscious exercise and contemplative walks

The Blue Mountain Farm is a secluded retreat facility, nestled in the Cascade foothills of northwestern Washington, not far from Sedro Woolley. The lodge offers dormitory-style sleeping accommodations for up to 20, in small bedrooms furnished with bunk beds.

You’ll be served three vegetarian meals in the lodge dining room on Saturday, breakfast and lunch on Sunday, plus hearty snacks. We’ll meet in the beautiful yurt meeting space in the meadow. And you’ll have access to the hot tub and time to wander the trails through the woods and the Nooksack River basin.



Location: Blue Mountain Farm, 6324 Saxon Road, Acme, WA 98248, near Sedro Woolley (about 1.75 hours from Seattle and Vancouver)

Dates and times: Friday, October 19 (starting after dinner at 7 pm) through Sunday afternoon, October 21 (ending at 3:00 pm)

Cost: \$220 including room and board, \$200 if you preregister with \$100 deposit by October 10

For more details and to register, call 206.527.0738 or e-mail seattle.adidam@gmail.com.

Adidam Study Groups

Join us to explore the profound Spiritual Way offered by Adi Da Samraj. Adidam study groups meet monthly. The evening focuses on a new DVD presentation each month, including segments of Adi Da speaking, devotees telling stories of their experience in their Master's company, recitation and Sightings of Adi Da sitting in silence with devotees. A devotee facilitates each meeting.

The first visit is free. Groups meet regularly in various locations throughout the Pacific Northwest. A new group is starting in Bothell, Washington. See below for scheduled meetings this fall.

New group starting in Bothell, WA

Contact Gail Coopee 425.286.6015

Date and time to be determined

Olympia, WA

Contact Tom Stiles 206.963.9248

Next meetings – Tuesday evenings, September 18,
October 16 and November 20

Portland, OR

Contact Barbara Lane 503.975.1112

Next meetings – Sunday evenings, September 30,
October 28 and November 25

Seattle, WA

Contact Robert Hirsch 206.778.2236

Next meetings – Wednesday evenings, September 26,
October 24 and November 28

Vancouver, BC

Contact Cage 604.595.2843, a_cage@adidam.org

Next meetings – Monday evenings, September 24,
October 29 and November 26

Victoria, BC

Contact Robin Allen 250.744.3215

Next meetings – Wednesday evenings, September 12,
October 10 and November 14

Call us at 206.527.0738 or e-mail
seattle.adidam@gmail.com if you would like to be
removed from our distribution list for any reason.

New Books from the Dawn Horse Press

The following new literature is available for purchase through the Seattle Adidam Reading Room (206.527.0738 or seattle.adidam@gmail.com) or direct from the Dawn Horse Press (1.877.770.0772 or www.dawnhorsepress.com).

The Complete Yoga of Human Emotional-Sexual Life

by the Avataric Great Sage, Adi Da Samraj

Price: \$16.95

In *The Complete Yoga of Human Emotional-Sexual Life* Adi Da Samraj elaborates His Unique Wisdom and Instruction about that most conventionally confusing and fascinating subject—sex or emotional-sexual practice.

Sex—or, more accurately, emotional-sexual life—is the primary obsession of human beings, especially in the earlier stages of life.

Sex is transformed and made right only through the process of transcending egoity. Thus, what must be (most fundamentally) addressed relative to your emotional-sexual life is not sex in and of itself, but your egoic search for “self”-fulfillment by means of sex.

—Avatar Adi Da Samraj

Perfect Philosophy: The “Radical” Way of No-Ideas

by the Avataric Great Sage, Adi Da Samraj

Price: \$16.95

In *Perfect Philosophy*, Adi Da exposes the inherent limits of all traditional forms of knowledge and offers a Way of life that originates and operates beyond such limits.

There is no separate “self”—except as a mere idea (or a fiction, or an illusion) that, without intensive inspection, seems to be suggested by a “point of view” (or “locus”) in the apparent context of a functioning psycho-physical organism.

There Is Only Reality Itself—Inherently Prior To all particularity, and Perfectly (and Acausally) Inclusive of the all-and-All of totality.

Reality Itself Is Non-separate, One, and Indivisible.

—Avatar Adi Da Samraj

Fall 2007 Events Calendar

Visit the Adidam Reading Room in Seattle

Visit the Seattle reading room and receive a free CD of Adi Da's Teaching on your first visit!

Listen to CDs, watch a video or DVD, browse the reading room shelves for new books by and about Adi Da Samraj or read selections from our library of books on the Great Tradition of religion and spirituality.

A devotee of Adi Da will be present to assist you, answer questions and share about the life of practice with our Spiritual Master.

The Adidam Reading Room is open by appointment at 5600 11th Avenue NE, Seattle, Washington, 98105. Call 206.527.0738 to arrange for a visit.



Introductory Presentation in Three Locations: The Incarnation of “The Bright”

You are not the body! You are not the mind!

Discover the “Radical” Truth and live in Freedom now—A powerful introduction to the Divine Revelation and “Radical” Teachings of Adi Da Samraj.

Includes examples of Adi Da's remarkable Image-Art (currently on exhibit at the 52nd Annual Venice Biennale) and video footage of Adi Da sitting with devotees.

- Discover the ancient esoteric secret of Spiritual life.
- Experience a direct transmission that will change your life.
- Feel for yourself why so many people worldwide are drawn to Adi Da as Spiritual Master.
- Learn the only possible way to be eternally happy.

In Portland, Oregon

Saturday afternoon, September 22, 4:00 – 6:00 pm
\$10 or preregister, pay only \$7 and get a free CD!
Common Ground Wellness Center, 2926 NE Flanders St,
Portland, Oregon 97232
Call 503.975.1112.

In Seattle, Washington

Monday evening, October 1, 2007, 7:30 – 9:30 pm
\$10 or preregister, pay only \$7 and get a free CD!
Adidam Reading Room, 5600 11th Avenue NE, Seattle, 98105
Call 206.527.0738 or e-mail seattle.adidam@gmail.com.

In Vancouver, British Columbia

Thursday evening, October 11, 7:00 – 9:00 pm
\$10 or preregister, pay only \$7 and get a free CD!
Location to be announced
For full information: call 604.595.2843,
e-mail a_cage@adidam.org, or visit the website,
www.easydeath.ca.

Blue Mountain Farm Retreat

Friday through Sunday, October 19-21
For full details, see the article on page 3 of this newsletter.

