

# THE ADIDAM *ADVOCATE*

Adidam Northwest

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### **The Room Became Bright**

A Testimonial by  
Katherine Gantz, a Seattle devotee

When I saw Avatar Adi Da for the first time, the very room changed. The space immediately got very bright. I knew almost nothing about spiritual practice, but I gazed at Him and felt heart-broken and amazed. He seemed fragile and not-of-this-world. At the end of the sitting, my body felt rooted to the floor, as though it weighed a thousand pounds. Something about His Radiance had pressed forcefully into me, from my head down through the soles of my feet.

Over the years I’ve discovered that Adi Da’s spiritual descent, which I experienced that day, is a fundamental sign of His Person. I understand that He is not an ordinary man—not even an extraordinary

man. He is much greater than that, greater than my fear and my doubt, greater than the world’s pain, greater even than the deepest love I am capable of feeling. He surpasses all that in a way that I cannot explain but have palpably felt over and over again.

When I turn to Him with feeling, a miracle occurs—every time, wherever I am. I forget myself, and I taste the freedom of His Realization—freedom from separateness, freedom from the clench of my self-obsession. He came into this world to offer that liberation to every being. I trust Adi Da with my life, with my loved ones, with the world. He has given me certainty of God, purpose in life, and faith that love will never die. Surrendering to Him is the only true happiness. I owe Him everything.

### **“He Knows Me”:**

A Story by David Rosen  
About Discovering Avatar Adi Da

DAVID: In 1976 I was working as a counselor at a therapy center. Among my responsibilities at the center was to put together a public film series that would bring new people into contact with our center. There was an excellent film series on Carl Jung that I knew would be popular and I had ordered it for the film series, but it was delayed in the mail and didn’t arrive in time. A lot of people were expected at the film showing that week! When a local professor brought a film to me on Adi Da Samraj, which he suggested as a substitute, I was very hesitant. I had not the slightest interest in “spiritual teachers”. And when he told me

that the teacher in the film was called “Bubba Free John” (a name used by Adi Da in the 70s) and that He was from New York, I shot back “I’m from New York, and *nobody* from New York is enlightened!” But, having no alternative, I finally agreed to show the film.

The night of the film I very uncomfortably made the introduction, apologizing for the change in films, and sat down in the audience. Within a few minutes of the film’s opening, I felt myself drawn into a very, very deep state of relaxation. Eventually, I lost bodily consciousness. When I awoke, I felt incredibly open, like a clean slate, completely wiped clean. I looked up at the screen and there was Adi Da’s face, simply gazing in silence at devotees. Looking at Him, I began to weep uncontrollably. As I wept, I said over and over again, “He is my Master, He is my Master.”

“Are you ok?” asked the friend sitting next to me.

“I don’t know,” I replied, hardly able to speak. “But He is my Master, and He knows me.” I was widened and expanded beyond myself in a way I had never experienced or even imagined was possible.

When the film ended, I went up front again and thanked everyone for coming and extended my usual invitation to our various programs at the center. Shortly, we had a second showing of the film, and the same thing occurred—the deep relaxation, but this time without the loss of bodily consciousness. I became totally still, at peace, with a feeling of great bodily pleasure and enjoyment at simply watching Adi Da move and speak on the film.

That night, I took home Avatar Adi Da’s autobiography, *The Knee Of Listening*. I skipped around in the book, reading various passages at random. I dreamed about Adi Da most of the night, but the dreams had

a very unusual quality—very direct, very bodily, as if I were awake.

The next morning I awoke and reached for the butt of a cigarette in the ashtray by my bed. I was a heavy, two-pack-a-day smoker in those days. As I reached for the butt, I realized that I should stop smoking. To my amazement, I did this easily, without any withdrawal symptoms. Within a few months, I formally became a devotee of Adi Da.

I have been Adi Da’s devotee for 28 years now. I have been given countless Gifts and Blessings by Him. I have seen Him many times and served Him personally. But the most valued moments in my direct relationship to Him are those when He simply and silently grants the sighting of His human Form to His devotees. Everything is revealed in these moments, as in the first sighting of Him I had in that film in 1976. There is again the tangible Transmission of His Divine Realization, the revelation of His complete Freedom, and the obviousness of His capability to Liberate and Transform me.

Adi Da offers a direct Spiritual relationship to Himself to everyone. Don’t allow the cynical, doubting, and mortal conventions of the world to shut down this possibility in your own case. Through the relationship to Avatar Adi Da, there is the direct intuition of Truth and God in a way that is so obvious, so tangible, and so radical that it has completely shifted and changed my assumptions about everything I thought I knew. In every moment of my contemplation of Him I am drawn beyond limitations and suffering—and so can you be.

## What Others Have Said About Avatar Adi Da

The life and teaching of Avatar Adi Da Samraj are of profound and decisive spiritual significance at this critical moment in history.

—Bryan Deschamp

Senior Adviser at the United Nations  
High Commission for Refugees

There exists nowhere in the world today, among Christians, Jews, Muslims, Hindus, Buddhists, native tribalists, or any other groups, anyone who has so much to teach, or speaks with such authority, or is so important for understanding our situation. If we are willing to learn from him in every way, he is a Pole around which the world can get its bearings.

—Henry Leroy Finch

Author, *Wittgenstein: The Early Philosophy* and  
*Wittgenstein: The Later Philosophy*

I regard Heart-Master Adi Da as one of the greatest teachers in the Western world today.

—Irina Tweedie

Sufi teacher; author, *Chasm of Fire*

He is a great teacher with the dynamic ability to awaken in his listeners something of the divine Reality in which he is grounded, with which he is identified, and which in fact, he is.

—Author, *The Golden Dawn*

It is obvious, from all sorts of subtle details, that he knows what IT's all about . . . a rare being.

—Alan Watts

Author, *The Way of Zen, Man and Woman,*  
and *In My Own Way*

## March, April and May Events

**Friday, March 25**

7:30 – 9:00 PM

Adidam Spiritual Center & Bookstore

**FREE** – Hear Me Heart Deep – Sharon Stocker talks about her recent experiences in the direct company of Adi Da Samraj.

**Wednesday, March 30**

7:30 – 9:00 PM

Stonehouse Bookstore (across from PCC),

10600 NE 68<sup>th</sup> St., Kirkland

**FREE Introductory Event** – Awaken to Brightness – The Divine Gift of Avatar Adi Da

**Saturday, April 2**

1:00 – 4:30 PM Seminar \$45

University House, 4400 Stone Way N., Seattle  
(Wallingford District)

**Heart Breaking Freedom – Avatar Adi Da's Offering** – Join us for a presentation by long-time devotee, Dr. Frans Bakker, about the necessary ordeal and abundant Grace inherent in relationship with the Divine Heart-Master, Adi Da Samraj. Frans has recently returned from an extended retreat in Adi Da's company in Fiji.

**Tuesday, April 5**

6:00 – 7:00 PM

Green Touch, 1211 Cornwall Avenue,  
Bellingham

**FREE Introductory Event** – Awaken to Brightness – The Divine Gift of Avatar Adi Da

**Saturday, April 16 10:00 AM – 7:00 PM and**

**Sunday, April 17 11:00 AM – 6:00 PM**

Seattle Center – Fisher Pavillion

**Body Mind Spirit Expo**

Come and visit us at our booth!

**Friday, April 22**

7:30 PM

Adidam Spiritual Center & Bookstore

**FREE Film Series** – The Fundamental Purpose of Existence, a powerful talk by Adi Da Samraj

***Tuesday, April 26***

7:30 – 9:00 PM

Adidam Spiritual Center & Bookstore

**FREE Introductory Event** – Awaken to Brightness – The Divine Gift of Avatar Adi Da. We will show recent video footage of Adi Da Samraj answering devotees' questions.

***Wednesday, April 27***

7:30 – 9:00 PM Seminar \$15

Adidam Spiritual Center & Bookstore

**Conscious Exercise** – Join us for a talk and discussion about the profound rejuvenation of conscious exercise and the esoteric spiritual wisdom necessary for radiant health.

***Friday, May 13***

7:30 – 9:00 PM

Adidam Spiritual Center & Bookstore

**FREE Event** – Hear Me Heart Deep Devotees talk about their experiences in the direct company of Adi Da Samraj.

***Wednesday, May 18***

7:30 – 9:30 PM Seminar \$25

Adidam Spiritual Center & Bookstore

**Conscious Childrearing** – What is the greatest gift you can give a child? More than anything else we want children to be happy. But what does it take to be truly happy? Join us for a talk and discussion about Adi Da Samraj's Instructions about the humanizing growth process that must precede the awakening of the Spiritual process and how this applies to everyone no matter what their age.

***Tuesday, May 24***

7:30 – 9:00 PM

Adidam Spiritual Center & Bookstore

**FREE Introductory Event** – Awaken to Brightness – The Divine Gift of Avatar Adi Da. We will show recent video footage of Adi Da Samraj answering devotees' questions.

***Friday, May 27***

7:30 PM

Adidam Spiritual Center & Bookstore

**FREE Film Series** – The Great Secret, a powerful talk by Adi Da Samraj

***Ongoing Introductory Class***

7:30 - 9:00 PM \$150 for 6 weeks or \$25 per class (includes study materials)

Adidam Spiritual Center & Bookstore

**Adi Da - The Promised God-Man Is Here**

Join us for this in-depth examination of Adi Da's Life based on the authorized biography *The Promised God-Man Is Here*, by Carolyn Lee, Ph.D. Call us at (206) 527-2751 for more information.

**If you are interested in participating in a local area study group, please contact us at 206-527-2751. We have groups meeting in a number of cities in the Northwest and encourage you to consider this as a way to grow in your understanding of the teachings of Adi Da Samraj.**

Adidam Spiritual Center & Bookstore

1429 N. 45th Street

Seattle (in Wallingford)

(206) 527-2751

[www.adidam.org](http://www.adidam.org)

Events posted at: [www.adidamseattle.org](http://www.adidamseattle.org)

**Hours of Operation:**

Tuesday to Thursday: 6:00 – 8:00 PM

Friday: 12:00 – 8:00 PM

Saturday: 10:00 AM – 8:00 PM

Sunday: 12:00 – 5:00 PM